Guidelines for research involving Aboriginal communities in Newfoundland and Labrador

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on behalf of

Labrador Health Research Advisory Committee (LAHRC)

and

NL Health Research Ethics Board (HREB)

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I. Purpose

“Where do I apply first, to the REB or to the community or to the regional health research review committee?”

“The REB told me I need approval from the Aboriginal community; but the Aboriginal community told me they won’t look at it until I have REB approval – what do I do?!”

This document is designed to assist researchers with the process of engaging in research with Aboriginal communities of Newfoundland and Labrador (NL). Researchers, communities, and REBs have all been frustrated with the convoluted and at times contradictory review policies, procedures and expectations. Recent work by a NunatuKavut-Memorial team examining research ethics related to the NunatuKavut community¹, supplemented by key stakeholder discussions during a workshop on Aboriginal research ethics sponsored by the Labrador Aboriginal Research Committee² has resulted in a “roadmap” for navigating research review.

This document provides information specific to the province of Newfoundland and Labrador. Other university REBs may require that Aboriginal RAC approval be in place before they will review the application.

For research that is not conducted on specifically Aboriginal lands (that is, not on a land claims area and not in a specific Aboriginal community) but may implicate a specific Aboriginal community, relevant Aboriginal community Research Advisory Committees (RACs) should be consulted for advice (see Step 1: Preliminary Discussion, below).

For general information on how to respectfully engage in research with Aboriginal peoples, please refer to:


1. **Preliminary discussion with community Research Advisory Committee (RAC)** or, if none exists, elected community official

   - RAC (or official) advises researcher of steps for community engagement, e.g., submit application for RAC review
   - RAC may provide letter of Support in Principle to researcher if required by funder or REB

2a. **Application to REB.** REB will only grant *conditional* approval until community RAC approval is received at the REB office. No data collection can happen until full REB approval is received.

2b. **Application to community RAC.** The process for review of research and approval by the community varies from community to community. Nunatsiavut Government and NunatuKavut have a formal RAC review and approval process; REB approval will not be given until documented proof of RAC approval is obtained by REB office. For communities where no formal RAC review process exists a letter of support from an elected community official will suffice.

**Order of review process:** Individual communities and researchers should discuss whether there is a preference for one order over another. For example, a community may wish to see the REB preliminary review and comments before the community conducts its review; a researcher may require conditional REB approval in order to have funding released to collaborate with community members to finalize the research design. From the perspective of the REB the order does not matter; but no data can be collected until the REB has received proof of community approval and has in turn granted final approval.

Changes to consents or method that result from community review of the proposed research must be submitted to the REB as an amendment.

3. **Other approvals, e.g., school boards, regional health authorities**

4. **Begin data collection**

   - Continue ongoing engagement with community; submit any amendments to RAC and REB for approval
II. Definitions of terms referred to in this document

Aboriginal research advisory committee (RAC):

- The committee that reviews applications by researchers to conduct research with a particular community or on Aboriginal lands. The review by an Aboriginal RAC is for the purposes of ensuring that the research is:
  
  a) Conducted in a manner that is appropriate to the spiritual, cultural, social and environmental context of the community
  
  b) In keeping with the needs, expectations and values of the community
  
  c) Conducted in keeping with the principles of OCAP (ownership, control, access and possession [see below])

OCAP Principles:

- The principles of Ownership, Control, Access, and Possession (OCAP) enable self-determination over research\(^3\). These principles offer a way for Aboriginal communities to make decisions about what research will be done, for what purposes information or data will be used, where the information will be physically stored, and who will have access. Community review of research ensures that these principles are being adhered to by researchers. This means active engagement with the community Research Advisory Committee must be in place, including at the design phase and during dissemination of research findings.

Health Research Ethics Authority (HREA):

- The NL Health Research Ethics Authority (HREA) Act came into force on July 1, 2011. It requires that all health research conducted in NL be reviewed and approved by a local (Newfoundland and Labrador) research ethics review board. The Health Research Ethics Authority (HREA) oversees ethics review of health research by the Health Research Ethics Board (HREB) or an approved health research ethics review body. All health research conducted in NL must be approved under the NL Health Research Ethics Authority regardless of whether it has already been reviewed and approved by a university or other institutional REB.\(^4\)

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\(^4\) The Health Research Ethics Authority (HREA) of Newfoundland & Labrador, a non-profit agency, was established by the Health Research Ethics Authority Act and came into force on July 1, 2011. It is charged with the general supervision of all health research involving human subjects conducted in this province. [http://www.hrea.ca](http://www.hrea.ca)
III. NL Aboriginal Research Advisory Committees

**Nunatsiavut Research Advisory Committee**

Inuit Research Advisor for Nunatsiavut
Nunatsiavut Government
17 Sandbanks Road, P.O. Box 70
Nain, NL A0P 1L0
Main line: (709) 922-2380 Fax: (709) 922-2931
E-mail: carla_pamak@nunatsiavut.com
Website: http://www.nunatsiavut.com

**NunatuKavut Research Advisory Committee**

370 Hamilton River Road
P.O. Box 460, Stn. C
Happy Valley-Goose Bay
NL, Canada A0P 1C0
Tel: 1-877-896-0592
Fax: 1-709-896-0594
Attention: Darlene Wall E-mail: dwall@nunatukavut.ca

**Innu – Natuashish community or Innu leadership approval**

Mushuau Innu Band Council
PO Box 107
Natuashish, Labrador
Canada, A0P 1A0
Telephone: 1-709-478-8827
Fax: 1-709-478-8936

**Innu – Sheshatshiu community or Innu leadership approval**

Sheshatshiu Band Council
PO Box 160
North West River, Labrador
NL, Canada, A0P 1M0
Telephone: 1-709-497-8720
Fax: 1-709-497-8757

**Conne River Health and Social Services, Miawpukek First Nation**

Miawpukek Mi’kamawey Mawi’omi
P.O. Box 10
Conne River, NL
A0H 1J0
Telephone: 1-709-882-2470
Toll Free: 1-866-882-2470
Fax: 1-709-882-2292
http://www.mfngov.ca/

Department of Heath and Social Services
Theresa O'keefe
email: theresaokeefe@crhss.com
Ph: (709) 882-5102
Fax: (709) 882-2836

Qalipu Mi’kmaq First Nation

Qalipu Mi’kmaq First Nation Band
3 Church Street
Corner Brook, NL
A2H 2Z4
Phone: (709) 634-0996
Fax: (709) 639-3997
http://qalipu.ca/

Health and Social Department
Howard Thistle
709-679-5743
855-675-5743
hthistle@qalipu.ca
IV. **Steps in the Process of Community Engagement**

1. **Preliminary Discussion:**
   The Preliminary Discussion is an informal email or telephone call by the researcher to the Aboriginal RAC Chair or other community member, to introduce the possibility of a research application. The purpose of the preliminary discussion is for the researcher to:
   
   - Introduce the researcher and the project to the community
   - Ensure that a proposed topic is appropriate for submission to the review process
   - Have an opportunity to ask questions and clarify any steps in the process of review
   - Receive help with identifying communities or research support persons, as part of the early design phase of the research

   **Letter of support:**

<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>1.</td>
<td>Preliminary discussion with community leaders (can be done by telephone or email) - receive conditional letter of support from community, if required for funding or REB application</td>
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<tr>
<td>2a.</td>
<td>Submit application to Aboriginal RAC for review</td>
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<tr>
<td>2b.</td>
<td>Submit application to REB for review</td>
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<tr>
<td>3.</td>
<td>Once community approval and REB approval are obtained, apply for permissions to access institutions (e.g., health authorities, school boards) or lands (e.g., archaeology permits)</td>
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<td>4.</td>
<td>Do data collection - ongoing communications; approvals for amendments must be sought from REB and RAC</td>
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<tr>
<td>5.</td>
<td>Dissemination, including to the community, in keeping with the terms of application</td>
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An RAC may provide, upon request by the researcher, a *letter of support for the research*. The letter of support does not constitute formal review and approval. It signifies that the community has been engaged in the research process and supports the research in principle. This letter can be submitted to REBs and funders as proof of community support and engagement. *Data collection cannot begin, however, until the full application has been submitted and reviewed and formal approval has been granted by both the RAC and the REB.*

**Note: Research that will not involve the community, but may implicate the community:**

*Example 1: A social worker is conducting research on family violence in Happy Valley-Goose Bay generally. She is not specifically focusing on a particular Aboriginal group, but is collecting demographic information which might lead to results that implicate the community.*

For research such as this, no review is required, according to national ethics guidelines and policy. However, researchers should: (1) Notify the RAC about the research and confirm that the particular RAC does not require full review; and (2) as a courtesy, submit to the RAC a copy of research findings or final report.

**If any emerging or final results do have implications for a particular community, the community Research Advisory Committee should be consulted as soon as possible about how to manage dissemination of findings.**

2a). **Application to Aboriginal research advisory committee/s (RAC)**

Individual community RACs should be consulted about the process for applying for review. Along with the Application, community review requires that consent forms and recruitment materials (posters, letters of invitation etc.) be approved. The purpose of the review is to ensure that the proposed research will be:

1) Conducted in a manner that is appropriate to the spiritual, cultural, social and environmental context of the community
2) In keeping with the needs, expectations and values of the community
3) Conducted in keeping with the principles of OCAP (ownership, control, access and possession)

Possible decisions are:

a) The proposal is acceptable as submitted
b) The proposal requires additional information or revision; the researcher is requested to revise and resubmit in a timely manner

c) The proposal is unacceptable to the community context and is rejected

*NOTE:* The greater the level of engagement with community members at the design stage, the less the opportunity for a decision of rejection to occur. A thorough process of engagement with researchers means that a researcher who submits a full proposal for review has already had their project idea and general design screened by and discussed with community members.

**Notice of Approval of Application**

The RAC provides Approval of the research proposal once it has been reviewed and all conditions have been met to the satisfaction of the Committee.

*NOTE:* Some Aboriginal RACs may require that REB approval be in place before they will review the application.

*NOTE:* In some cases, community review may result in an amendment to the protocol or consent form that has to go back to the REB for approval.

**2b). Application to Research Ethics Board (REB)**

Researchers should consult the website of the REB/s for specific application guidelines. In the province of Newfoundland and Labrador, under the *Health Research Ethics Authority Act*, all health research conducted in the province must be reviewed and approved by an HREA-approved, Newfoundland and Labrador based, REB, regardless of whether it has also been reviewed and approved by another REB.

*NOTE:* Newfoundland and Labrador has two REBs: The NL Health Research Ethics Board (HREB) and Memorial University’s Interdisciplinary Committee on Ethics in Human Research (ICEHR). They do not require Aboriginal community review and approval to be in place before the REB conducts the ethics review; an informal letter of support from community collaborators that provides evidence that the community has been consulted at the early stages prior to data collection, will suffice. However, for Nunatsiavut and for NunatuKavut (which have formal processes for review and approval of research), final REB approval will not be given until community review and approval is in place. **Data collection cannot begin until both REB and Aboriginal RAC approvals are in place.**

**3. Other approvals**

**Researcher-Community Agreement:** For those research projects that involve a collaboration or partnership with the community, a signed researcher-community agreement may be required
by the REB, the Aboriginal RAC, or both. Individual community RACs should be consulted about this possible requirement.

**Other approvals:** For certain research projects, other approvals may be necessary, such as approval by Regional Health Authorities (RHAs) for access to patient records, or resources at facilities, or staff time; approval by School Boards where the project involves educational resources or staff or students; and approval by the Nunatsiavut or Newfoundland & Labrador governments for particular land, plant or animal usages. Examples of the types of approvals that may be necessary can be found in Section V of this document.

4. **Data collection**
   Once REB and RAC approvals are in place, data collection can be initiated. During the period of data collection, any purposeful changes to the method (amendments) or inadvertent deviations from the method or serious and unexpected adverse events must be reported to the RAC as well as to the REB.

5. **Dissemination**
   Dissemination of findings must be in keeping with the terms of the Application made with the individual RAC. In cases where terms of a researcher-community agreement stipulated that the community has the right to review materials prior to publication, researchers should not publish information about Aboriginal communities or implicate Aboriginal communities without the knowledge of the community (that is, they should not disseminate information without receiving prior approval of the community). Failure to comply with terms of a researcher-community agreement bears the risk of breaching important relationships of trust between researchers and communities.

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5 For further guidance on community-researcher agreements related to academic publishing responsibilities (including co-authorship with community members) see Murielle Nagy, “Access to data and reports after completion of a research project,” Inuit Studies 2011 Vol 35 (1-2):201-222.
V. Examples of Additional Research Approvals and Permissions

This list is not all-inclusive. It is meant to provide some guidance and should not be the only source you consult.

Animal Care Committee:

Memorial University Institutional Animal Care Committee

The Animal Care Committee reviews and approves the use of animals in university programmes including teaching and research. This applies to all other users of animals who are not affiliated with the University, but who are using University facilities.

http://www.mun.ca/acs/guidelines.shtml

Health Regions:

Labrador-Grenfell Regional Health Authority Research Review Committee
Information on the application process is available by contacting:

Eastern Regional Health Authority Proposals Approval Committee (RPAC)
Website: http://www.easternhealth.ca/Professionals.aspx?d=1&id=1007&p=81
For further information you may contact the Patient Research Center at 777-7283

Western Regional Health Authority Research Resource Review Committee
website: http://westernhealth.nl.ca/index.php/About-Us/best-practices-innovation-and-research/research-ethics-board
For further information you may contact Ms. Darlene Welsh, Regional Manager Research and Evaluation, at 634-4306 or darlenewelsh@westernhealth.nl.ca.

Central Regional Health Authority Research Review Committee
Website: http://www.centralhealth.nl.ca

School Boards, for example:

Labrador District School Board
Website: http://www.lsb.ca

Nova Central School District
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Website: [http://www.ncsd.ca](http://www.ncsd.ca)

**Western School District**
Website: [http://www.wnlsd.ca](http://www.wnlsd.ca)

**Eastern School District**
Website: [http://www.esdnl.ca](http://www.esdnl.ca)

**Conseil Scholaire Francophone**
Website: [http://www.csfp.nl.ca/](http://www.csfp.nl.ca/)

**Mamu Tshishkutamashutau: Innu Education**
Website: [http://www.innueducation.ca](http://www.innueducation.ca)

**Land and Animal use Permissions, for example:**

**Archaeology Permits**

- Archaeological investigation permit for research in Inuit Lands, required for Nunatsiavut. Website: [http://www.nunatsiavut.com/](http://www.nunatsiavut.com/), Contact: Carla Pamak, Carla_Pamak@nunatsiavut.com
- Archaeological research in the Labrador Inuit Settlement Area (LISA) requires a permit from the Provincial Government. Website: [http://www.tcr.gov.nl.ca/](http://www.tcr.gov.nl.ca/)

**Nunatsiavut land use permits**

This list is not exhaustive. Please contact Nunatsiavut government office to ensure that your research meets all requirements. Website: [http://www.nunatsiavut.com/](http://www.nunatsiavut.com/), Contact: Carla Pamak, Carla_Pamak@nunatsiavut.com

- Archaeological investigation permit for research in Inuit Lands
- Land Use Permit, required by the Nunatsiavut Government: (as per Chapter 4 of the Labrador Inuit Lands Act, Part 4.15)
- Harvesting Permit (Permit to Access Labrador Inuit Lands for the Purpose of Harvesting)

**Firearms acquisition certificate (FAC) permit from RCMP**
Website: [http://www.rcmp-grc.gc.ca/](http://www.rcmp-grc.gc.ca/)

**Wildlife protection permits from NL Environment and Conservation**
Guidelines for research involving Aboriginal communities in Newfoundland and Labrador

Website: http://www.env.gov.nl.ca/env/
- Livestock protection from Coyote permit
- The collection, sale and export of Big Game/Big Game Animal Parts
- Permit to possess a Non-game specimen for Taxidermy
- Permit to transport Big Game in Closed Season
- Distribution of Big Game meat
- Bear Protection Permits
- Big Game Replacement Licence
- Resident General Caribou Licence and Resident Special Caribou Licence - Labrador
- CITES Permit
- Export Permits
- Firearms Transport Permit
- Permit to Destroy Problem Animals
- Permit to Run Dogs
- Permits under Endangered Species Legislation
- Salmonier Nature Park Entry/Travel Permits
- Temporary Outdoor Identification Card

Federal Permits for Research on Birds

A federal permit is required for collections from birds, bird tissues (e.g. feathers, blood etc.), attachment of ancillary markers (e.g. nasal tags, radio transmitters, etc.). Website: http://www.ec.gc.ca/
Federal Permits for Banding (to mark birds with bands).

Canadian Wildlife Scientific Permit
Website: http://www.ec.gc.ca/

Department of Fisheries and Oceans Canada Permits
Website: http://www.dfo-mpo.gc.ca/

Parks Canada permits
Website: http://www.pc.gc.ca/
VI. Links to resource documents


CIHR Guidelines for Health Research Involving Aboriginal Peoples: http://www.cihr-irsc.gc.ca/e/29134.html

Health Research Ethics Authority (HREA) http://www.hrea.ca